



Get away from it all at Stoke Rochford Hall!

Why not beat the recession and holiday in the UK this year? You are invited to take a weekend break - or longer - at Stoke Rochford Hall and explore the five delightful counties that make up the East Midlands Shires.

Situated in 'Middle England' and surrounded by 28 acres of open parkland, Stoke Rochford Hall is ideally situated for a quiet retreat. Its superb location, within easy reach of some of the most historic buildings and market towns of South Kesteven, makes it an ideal choice for a relaxing break away from it all.

If you are the active type then Rutland Water, with its extensive range of water-based sports, as well as the River Trent for river trips and boating, are both within easy access. Many other activities and country pursuits are also available - either on-site or in the locality.



The picturesque resorts of the east coast are within an hour's drive should you wish to make a trip or, if you prefer to cast your mind back to bygone days, Sherwood Forest is well worth a visit. Cultural Lincoln and York, with their stunning architecture and iconic cathedrals, are also well worth a visit.

If shopping is your pleasure, then Stoke Rochford is centrally situated for many pretty market towns, including historic Stamford with its boutiques, craft and antique centres, or the high street stores of major cities including Nottingham, Leicester and Peterborough.

Whatever your choice, you are assured of a very warm welcome and the opportunity to do as much or as little as you desire!

Gym and Tonic

The extensive facilities of Gym and Tonic, Stoke Rochford Hall's health and fitness centre, are available to visiting guests.

Opening Times

Monday to Thursday	1pm to 9pm
Friday	12 noon to 8pm
Saturday	10am to 6pm
Sunday	8am to 4pm

The heated swimming pool is normally open between April and December.



Residential Day Membership

Residential Day Membership costs just £6.50 per person and includes the use of the jacuzzi, sauna, steam room, cardio-vascular equipment, multi-gym and swimming pool. Other facilities, including sunshower, sports hall, floodlit football pitch and equipment/racquet hire, are also available at an additional charge. Please book any facilities you require at Gym and Tonic reception.

Accommodation

For your maximum enjoyment, all our accommodation is provided in comfortable en-suite bedrooms.

All rooms are equipped to the highest specification with colour TV, radio, direct-dial telephone, high speed internet access, tea and coffee making facilities, trouser press and hairdryer.

Tariff

Bed and Breakfast (per night)	Single	£60.00
	Double	£100.00
3 Night Break (B&B)	Single	£130.00
	Double	£220.00
5 Night Break (B&B)	Single	£210.00
	Double	£370.00
Lunch		£17.45
Dinner		£23.00



All costs include en-suite accommodation and are quoted per room, inclusive of VAT.

Rates for Children

Accommodation - Children up to 12 years sharing an adults room are charged at £25 each. Children up to 12 years occupying their own room are charged at 75% of the adult rate. No charge for cots.

Meals - No charge for children under 5 years. Children between 5 and 12 years are charged at 50% of the adult rate.

Holiday Breaks Booking Form 2009

Please complete in block capitals

RESERVATION

Arrival Date: _____ Departure Date: _____

Please reserve accommodation for the following number of guests:

Adult(s): _____ Child(ren): _____ Age of children: _____

The following accommodation is required (please insert quantity) :

_____ Double Room(s) with ensuite facilities

_____ Twin Room(s) with ensuite facilities

_____ Single Room(s) with ensuite facilities

The following meals are required (√): Lunch Dinner

Please indicate if you have any special dietary requirements eg vegetarian

DEPOSIT

Please enclose a £10 deposit per person to secure your booking.

I wish to pay by (√): Cheque Credit card Debit card

I enclose a cheque for £ _____

(Please make cheques payable to Stoke Rochford Management Ltd)

Type of card: _____ Card number: _____

Expiry date: _____ Security number (3-digit number on reverse): _____

YOUR DETAILS

Name: _____ Mr/Mrs/Miss/Ms

Address: _____

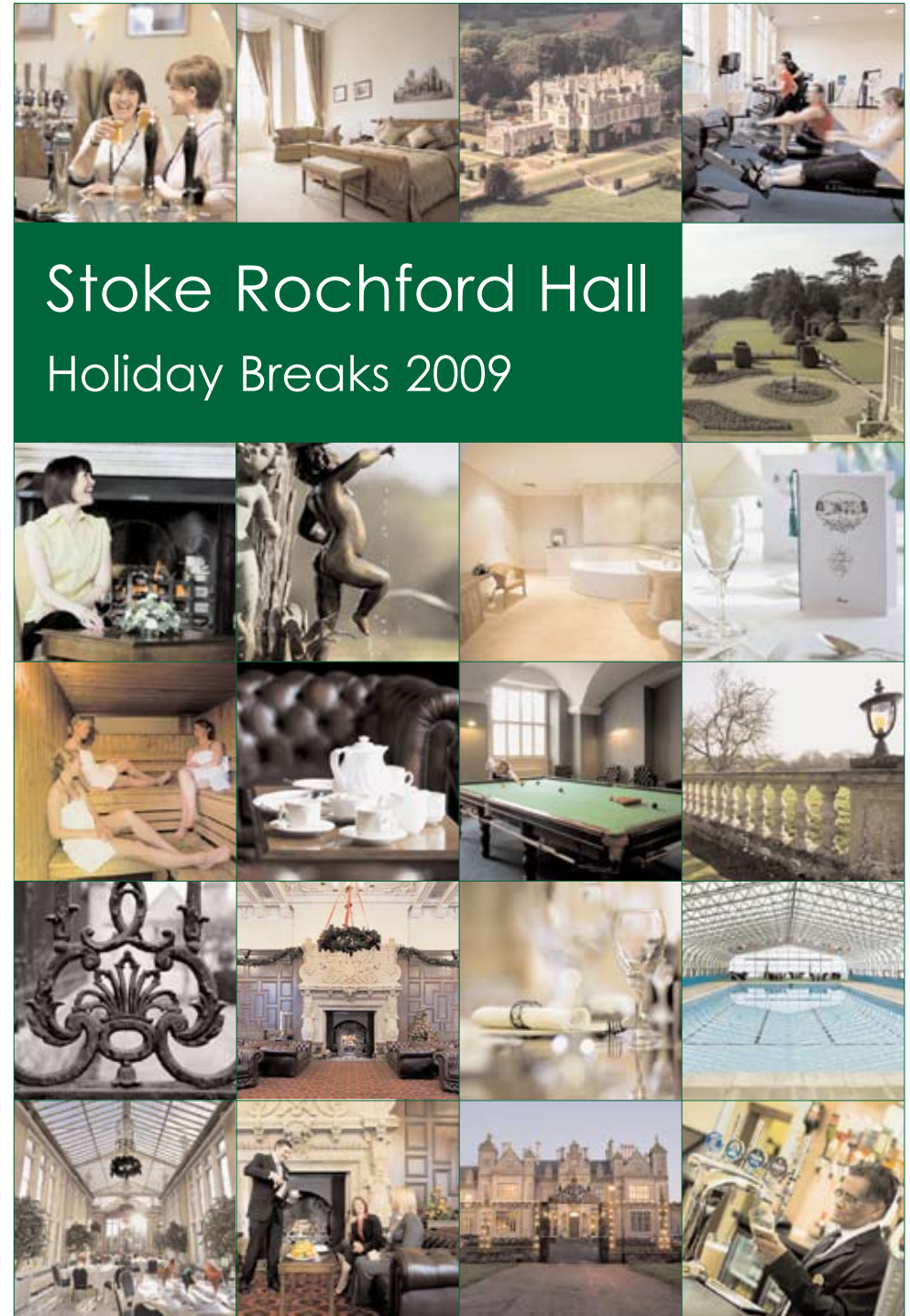
Postcode: _____

Telephone: _____

Signed: _____ Date: _____

Please complete and return together with your deposit to:
Stoke Rochford Hall, Stoke Rochford, Nr Grantham, Lincs NG33 5EJ Telephone 01476 530337

www.stokerochfordhall.co.uk



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